LASER TREATMENT PROTOCOL

There are many Class IV laser manufacturers and models of lasers. Some of them have 'preset' treatment protocols for a variety of conditions. Some lasers can be programed by the doctor/practitioner for specific wattage and modulation (hertz).

For lasers that have minimal programmability, it is recommended that you use a minimum of 15 watts, 9 minutes on the entire front of the chest, 9 minutes on the entire back of the chest.

Ideal laser treatment protocol for IPF/Lung Fibrosis Conditions is as follows:

For programmable lasers:

IPF	Hz	Watt	Seconds
Capillary	15	15 - 18	25
Circ., nerve, lymph	587	15 - 18	25
Edema	2,500	15 - 18	25
Skin, inner	584	15 - 18	25
Damage, tissue stress	266	15 - 18	25
Chronic or Plateau	2349	15 - 18	25
Optimize cell activity	2128	15 - 18	25
Lymph B	292	15 - 18	25
Difficult Healing	17024	15 - 18	25
Lung, Bronchi	727	15 - 18	25

4.5 min per quad - Therefore, 4.5 min front left, 4.5 min front right intercostal application

4.5 min back left, 4.5 min back right intercostal application

Treatment plan is 3X/wk for 1 month, then 2X/wk for 1 month, and weekly thereafter.